

Angel Food Ministries

First Southern Baptist Church 1201 E. 23rd Ave. Hutchinson, KS. 620-663-4425
Website: www.fsbhutch.com

ORDER DEADLINE DATE: 3:00 PM - Friday, September 12, 2008

Distribution Day: Saturday, September 27, 2008 (See receipt for your pick-up time)

The distribution line closes at 12:30 PM. Any food left unclaimed after this time WILL BE DONATED to others in need. No Refunds will be given.

Orders can be placed at the church office Monday-Friday - 9:00 AM - 3:00 PM.

Please make checks payable to: FIRST SOUTHERN BAPTIST CHURCH

SEPTEMBER 2008 MENU *** One or more specials available only with purchase of regular unit.***

REGULAR BOX - \$30.00

- 1.5 lb. Top Sirloin Strip Steaks (4x6 oz.)
- 2 lb. Boneless Skinless Chicken Breast
- 3 lb. Breaded Chicken Chunks
- 1.5 lb. Boneless Port Filet
- 20 oz. Supreme Pizza
- 1 lb. Ground Turkey
- 1 lb. Cheddar Cheese Bratwurst Sausage
- 1 lb. Green Beans
- 1 lb. Stir Fry Vegetables (Broccoli & Bell Peppers)
- 35 oz. Crinkle-cut Fries
- 32 oz. Borden 2% Reduced Fat Shelf Stable Milk
- 7.5 oz. Macaroni & Cheese
- 15 oz. Pork & Beans
- 7 oz. Chicken-Flavored Rice & Vermicelli
- 1 lb. Pinto Beans
- One Dozen Eggs
- One Dessert Item

SENIOR BOX - \$25.00

All ten individual meals are fully cooked and labeled complete with heating instructions - just heat & serve. Each meal has no added sodium, is low in fat, and is nutritionally balanced for seniors with 3 oz. of protein, two vegetables or fruit, and a starch.

Chicken Parmesan with side of Spaghetti with Marinara, Green Beans and Garlic Bread

Roast Beef & Brown Gravy (Pot Roast), Noodles, Carrot Coins and Collard Greens.

Herb Roasted Chicken Quarter with Herb Gravy, White Rice, & Peas & Carrots

Beef Meatloaf with Brown Herb Gravy, Mashed Sweet Potatoes, Peas & Mushrooms & Wax Beans

BBQ Chicken Quarter w/BBQ Sauce, Black-Eyed Peas, Greens and Apple Sauce

Beef Lasagna with Tomato Sauce Broccoli, Diced Peas, & Garlic Bread and Butter

Baked White Fish w/Asian Sweet Pepper Sauce, Vegetable Fried Rice, Broccoli, and Pineapple Chunks

Oven Roasted Turkey Breast w/Sage Gravy, Bread Dressing, Creamed Diced Potatoes, Green Beans & Cranberry Sauce

Chicken Cacciatore Quarter, Creamy Rosemary Red Potato Quarters, Italian Green Beans, & Diced Peaches

Chicken Stew with Chicken, Potatoes, & Tomatoes; Celery & Carrots, Brown Rice, Apple Sauce and a Biscuit

SEPTEMBER SPECIAL #1 - \$20.00

6 lb. Assorted Meat Grill Box

- 1.5 lb. Ribeye Steaks (3 x 8 oz.);
- 2 lb. Boneless Pork Roast; 1.5 lbs. Beef Short Ribs;
- 1 lb. All Beef Burgers (4 x 4 oz.)

SEPTEMBER SPECIAL #2 - \$20.00

5 lb. Steak & Meat Combo

- 1.5 lb. Kansas City Strips (2 x 12 oz.);
- 1.5 lb. Bone-In Ribeye Steaks (2 x 12 oz.);
- 2 lb. All Beef Hamburger Steaks (4 x 8 oz.)

SEPTEMBER SPECIAL #4 - \$20.00

10 lb. "5 for 4" Dinner Box

(Five big 2 lb. dinner meals, each will feed a family of four. All dinners are fully-cooked, just heat & serve!)

- 2 lb. Stuffed Green Peppers w/ Beef & Rice; 2 lb. Chicken Breast with Rice, Broccoli & Cheese; 2 lb. Beef Steak Patties w/Gravy & Onions; 2 lb. Meatloaf and Gravy; 2 lb. BBQ Chicken w/Hickory Sauce & Mashed Potatoes

SEPTEMBER SPECIAL #3 - \$20.00

10 lb. Party Wing Special Box

10 lb. Unbreaded IQF Party-Style Chicken Wings

SEPTEMBER SPECIAL #5 - \$19.00

Fresh Fruit & Veggie Box

3 lb. Bag of Red Delicious Apples, 4 lb. Bag of California Valencia Oranges; 2 lb. Bag of Large Yellow Onions; 1 lb. Bag of Carrots (cello-wrapped); 4 lb. Bag of Large Idaho Baking Potatoes; 1 Large Green Cabbage; 4 Bartlett Pears; 4 Tennessee Vine-Ripened Tomatoes; 1 Celery Stalk (cello-wrapped); 12 oz. Black Beans (dried)