

ANGEL FOOD MINISTRIES – AUGUST 2010 MENU

FIRST SOUTHERN BAPTIST CHURCH ----- 1201 E. 23RD AVE. ----- 620-663-4425 ----- www.fsbhutch.com
ORDER DEADLINE DATE: 3:00 PM - Friday, August 13, 2010 DISTRIBUTION DAY: Saturday, August 28, 2010

“Angel Food Ministries in Kansas requires monthly community service as a part of the program. Your local host site will explain ways you can fulfill this requirement.”

Orders can be placed at the church office Monday - Friday, 9:00 AM - 3:00 PM

MAKE CHECKS PAYABLE TO FIRST SOUTHERN BAPTIST CHURCH

<p><u>SIGNATURE BOX - \$29.00</u> (NEW PRICE)</p> <p>1.5 lb. N.Y. Strip Steaks (4x6 oz) 1.5 lb. Breaded Chicken Breast Chunks 1 lb. Lean Ground Beef 1 lb. Crunchy Fish Wedges (Bake or Fry - 8 ct.) 1.5 lb. Pork Chops (4 x 6 oz.) 1 lb. <u>Bonus Item</u> - Lean Ground Beef 1 lb. Frozen Broccoli Florets 1 lb. Frozen Carrots 1 lb. Frozen Corn 1 lb. Frozen Cauliflower Florets 1 lb. Pasta 26 oz. Pasta Sauce 32 oz. 2% Shelf Stable Milk Dozen Eggs</p> <p>(NEW LOW PRICE !!)</p>	<p><u>FAST & FLAVORFUL CUISINE - \$28.00</u> (SENIOR BOX)</p> <p>Fish Fillet, Lightly Breaded & Baked, with a Rice Blend, Carrots & a Broccoli/Red Pepper Blend Sweet & Sour Pork with Rice, a Green Pea/Carrot Blend & Cauliflower Red Beans & Rice with Smoked Pork Sausage, Carrots and Brussels Sprouts White Chicken Cacciatore with Rice, Carrots and Yellow Squash with Onions Breaded Chicken Parmigiana with Spaghetti, Corn/Red Pepper Blend & Zucchini White Chicken & Gravy over Noodles, Corn and Broccoli Salisbury Steak & Gravy with Red Wedge Potatoes, a Green Pea/Carrot Blend & Brussels Sprouts Meatball Stroganoff over Noodles, Carrots and Broccoli Country Herb White Chicken with Mashed Potatoes, Green Peas and a Lima Bean/Red Pepper Blend Macaroni & Cheese, Black Bean, Corn & Red Pepper Blend & Cauliflower</p>	<p><u>JUST 4 ME - \$24.00</u> AFTER SCHOOL BOX</p> <p>2 lb. Chicken Fingers 1.5 lb. Mini Corn Dogs 1 The BBQ “Sammich” 2 ea Chicken Sandwiches (2 pkgs. w/twin sandwiches) 4 (4 oz.) Hot Pockets 1 (12 ct.) Pizza Bites 1 (6 ct.) Cereal Bars 2 ea. White Castle Hamburgers (2 pkgs. w/twin sandwiches) 3 PBJ on Graham Wafer 2 Peanut Butter & Jelly Jamwich</p>
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AUGUST SPECIAL #1 - \$24.00

Asstd. Grill Box (6 lb.)

- 1 lb. Sirloin Grip Steaks (2 x 8 oz)
- 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
- 1.5 lb. Mild Italian Sausage
- 1.5 lb. bacon-Wrapped Chicken Breast (4 x 6 oz.)

AUGUST SPECIAL #2 - \$23.00

Steak & Chicken Box (4 lb.)

- 2 lb. Ribeye Steaks (4 x 8 oz.)
- 2 lb. Jumbo Chicken Breast (4 x 8 oz.)

AUGUST SPECIAL #3 - \$22.00

12 ct. Gourmet Flavored Chicken Breast Box (4.5 lb.)

- 4 Italian Chicken Breast (6 oz. ea)
- 4 Teriyaki Chicken Breast (6 oz. ea)
- 4 Lemon Herb Chicken Breast (6 oz. ea)

AUGUST SPECIAL #6 - \$21.00

Bit O'Blessing Box

- 16 oz. Stuffed Sandwiches (Asstd. Flavors- 4 x 4 oz)
- 12 oz. Steaks (2 x 6 oz.) or 1.5 lb. Beef Roast or 2 lb. Mac & Beef Entree
- 1.5 lb. Country Fried Steak Patties
- 1 lb. Crunchy Fish Bites
- 1 lb. Rice
- 1 lb. Ground Beef
- 1 lb. Frozen Fruit or Green Beans

AUGUST SPECIAL #4 - \$24.00

Oven Ready Entrees by Angel Food

- (4 Fully Cooked Meals-Just Heat & Serve)
- 2 lb. Seafood Lasagna
- 2 lb. Lasagna with Meat Sauce
- 2 lb. Country Fried Steak with Gravy
- 2 lb. White Chicken Noodle Casserole

AUGUST SPECIAL #5 - \$21.00

Fresh Fruit & Veggie Box

- 1 Cantaloupe
- 4 Peaches
- 4 Navel Oranges
- 1 Mango
- 1 Head Lettuce
- 1 lb. Carrots
- 2 lb. Yellow Onions
- 3 lb. Idaho Potatoes
- 20 oz. bag Fresh Green Beans
- 1 Head Cabbage